Cape Breton Island
Nova Scotia

Aberdeen J4
Ainslie Glen J3
Ainslie Point H3
Ainslieview I3
Albert Bridge J9
Alder Point G8
Arichat N4
Aspy Bay B7
Baddeck Bay I6
Baddeck Bridge I5
Baddeck I6
Baleine J11
Balls Creek I8
Banks of Broad Cove H2
Barachois I7
Barra Head L5
Bateston J10
Bay Road Valley B7
Bay St. Lawrence B7
Beaver Cove I7
Beechmont North I8
Belle Côte F4
Belle-Marche E4
Ben Eoin J7
Benacadie J6
Benacadie Pond J6
Big Beach J6
Big Bras d'Or H7
Big Brook L3
Big Brook L3
Big Glen K7
Big Harbour I6
Big Hill H6
Big Intervale Cape North C6
Big Intervale F4
Big Lorraine J10
Big Pond Centre K7
Big Pond K7
Big Ridge J9
Birch Grove I10
Black Brook H7
Black Rock G8
Blacketts Lake I8
Blackstone I2
Blues Mills J3
Boisdale I7
Boudreauville N4
Boularderie East H7
Boularderie I7
Breton Cove F7
Brickyard Rd. J9
Broad Cove Chapel H3
Broad Cove Marsh H3
Brook Village I2
Bucklaw J4
Cap La Ronde M5
Cap Le Moine F4
Cap Rouge D4
Cape Augnet N4
Cape Dauphin G7
Cape North C7
Capstick B7
Caribou Marsh I9
Castle Bay J6
Catalone Gut J10
Catalone J10
Catalone Road J10
Centreville I3
Chéticamp E4
Chimney Corner G3
Christmas Island J6
Churchview J3
Cleveland M3
Coady Road G3
Colindale I1
Coxheath I8
Craigmore L2
Creignish L2
Crowdis Bridge K4
Cummings K3
D'Escousse M4
Deep Cove K9
Dingwall C7
Dominion H10
Donkin H10
Dundee L4
Dunvegan G3
Dutch Brook I9
East Bay J8
East Lake Ainslie I3
East Margaree G4
East Skye Glen I3
Edwardsville I8
Eel Cove G7
Emerald G4
Englishtown H7
Enon K7
Eskasoni J6
Estmere J4
Florence H8
Fordview G4
Fourchu L9
Framboise Intervale L7
Framboise L8
French Cove L5
Frenchvale I7
Gabarus K9
Gabarus Lake K8
Gardiner Mines H9
Georges River H8
Gillis Cove K4
Gillis Lake I7
Gillis Point East J5
Gillis Point J5
Gillisdale H3
Glace Bay H10
Glen Tosh H6
Glencoe J2
Glencoe Mills J2
Glencoe Station J2
Glendale K2
Glendyer I2
Glengarry I2
Glenora Falls I2
Glenora L2
Glenville I2
Goose Cove H6
Grand Étang E4
Grand Lake Road I9
Grand Lake Road I9
Grand Mira North K8
Grand Mira South K8
Grand Narrows J5
Grand River M6
Grande Anse M4
Grande Greve M5
Grantville M3
Groves Point H8
Harbourview J1
Hawthorne J2
Hay Cove L6
Hays River I3
Hazeldale J5
Head of Loch Lomond L6
Hills Road I9
Hillsboro I2
Hillside J9
Homeville I10
Hornes Road I9
Howie Centre I8
Hunters Mountain I5
Huntington J8
Hureauville M3
Hyannas I3
Indian Brook G7
Ingonish Beach E7
Ingonish Centre D7
Ingonish D8
Ingonish Ferry E7
Inlet Baddeck I5
Inverness H2
Inverside H3
Iona J5
Irish Cove K6
Irish Vale K6
Iron Mines J3
Ironville I7
Island View J7
Jamesville J5
Janvrin Harbour N3
Jersey Cove G7
Johnstown K6
Jubilee J5
Judique K1
Judique North K1
Judique South K1
Keltic Lodge E8
Kempt Head I6
Kempt Road M3
Kenlock H3
Kennington Cove K9
Kingross F5
Kingsville L2
L'Archeveque M6
L'Ardoise M6
La Pointe E4
Lake O'Law H4
Leitches Creek I8
Lewis Cove Road M6
Lime Hill L3
Lingan H9
Little Judique J1
Little Judique Ponds J1
Little Lorraine J11
Little Narrows J4
Little Pond H8
Little River F7
Loch Lomond L7
Lone Shieling C6
Louisbourg J10
Louisdale M4
Low Point L2
Lower L'Ardoise M6
Lower Middle River I5
Lower River Inhabitants M3
Lower St. Esprit L7
Lower Washabuck I5
Mabou Harbour Mouth I2
Mabou I2
Mabou Mines I2
MacAulays Hill I6
MacCharles H4
MacCormack Corner I3
MacDonalds Glen I2
MacIntyre Lake M3
MacKinnon's Brook I2
Main-a-Dieu J11
Malagawatch K4
Marble Mountain K4
Marconi Towers I10
Margaree Centre G4
Margaree Forks G4
Margaree Harbour F4
Margaree Valley G4
Marion Bridge J9
Marsh Brook G4
Marshes L3
Martinique M4
Marysville J1
McAdams Lake J7
McKenzie East Bay J7
Meadows Road J8
Meat Cove B7
Melford K3
Middle Cape K6
Middle River Centre H4
Middle River I5
Mill Creek H8
Mill Pond G8
Millville Boularderie H8
Mira I10
Mira Road I9
Monroes Bridge K3
Mount Young I3
Mull River J2
Murray G6
Neils Harbour C8
Nevada Valley I3
New Boston J9
New Campbellton G7
New Harris Forks H7
New Harris H7
New Haven C8
New Victoria H9
New Waterford H9
North Fourchu L9
North Harbour C7
North River Bridge G6
North Shore F7
North Side East Bay J7
North Sydney H8
Northeast Mabou I2
Northeast Margaree G4
Nyanza I5
Oban L5
Orangedale East J4
Orangedale K4
Oregon G6
Ottawa Brook J4
Petit Étang E4
Petit-de-Grat N4
Petite Anse N5
Pipers Cove J5
Pipers Glen H3
Plaster Cove J5
Plateau E4
Pleasant Bay C5
Point Aconi G8
Point Cross E4
Point Edward I8
Point Michaud M6
Point Tupper M2
Poirierville M5
Pondville N4
Port Hastings M2
Port Hawkesbury M2
Port Hood Island J1
Port Hood J1
Port Malcolm M3
Port Morien I10
Port Richmond M3
Port Royal N4
Portage I8
Portree G4
Poulamon M4
Prime Brook I9
Queensville L2
Rear Boisdale I7
Rear Dunvegan G3
Red Islands L6
Red Point J5
Red River C5
Reserve Mines H10
River Bennet G7
River Bourgeois M5
River Denys Basin K4
River Denys K3
River Denys Mountain K2
River Denys Road K2
River Ryan H9
River Tillard M5
Riverside L3
Riverville I2
Roberta L5
Rockdale M5
Rocky Bay M4
Roseburn J3
Ross Ferry I6
Round Island I10
St. Andrews Channel J7
St. Anns H6
St. Esprit M7
St. Joseph du Moine F4
St. Margaret Village B7
St. Patricks Channel I5
St. Peter's M5
St. Rose G3
Samsons Cove N5
Sampsonville L5
Sandfield J8
Scatarie Island J11
Schooner Pond H11
Scotch Lake H8
Scotchtown H9
Scotsville H3
Seaview L4
Shunacadie J6
Sight Point H2
Skir Dhu F7
Skye Glen J3
Smelt Brook C8
Smithville I2
Soldiers Cove L6
South Bar H9
South Cove J5
South Harbour C7
South Haven H6
South Ingonish Harbour E7
South Lake Ainslie I3
South Port Morien I11
South Side of Baddeck River I5
South Side of Boularderie I7
Southwest Mabou J2
Southwest Margaree H3
Southwest Ridge J2
Stewartdale J3
Stirling L7
Strathlorne H3
Strathlorne Station H3
Sugar Loaf B7
Sunrise C7
Sunset B7
Sydney Forks I8
Sydney I9
Sydney Mines H8
Sydney River I8
Tarbot G6
Tarbotvale G7
Terre Noire F4
The Points West Bay L4
Trout Brook I3
Trout Brook J9
Troy L2
Ulva G5
Upper Baddeck River H6
Upper Grand Mira K8
Upper Margaree H3
Upper Middle River H4
Upper Southwest Mabou J2
Upper Washabuck J5
Victoria Bridge K8
Victoria Mines H9
Waddens Cove I11
Wagmatcook I5
Washabuck Centre I5
West Alba K4
West Arichat N4
West Bay L3
West Bay Road L3
West Lake Ainslie I3
West Mabou Harbour I2
West Middle River I4
Westmount I8
Westmount I9
Whale Cove F3
White Point C8
Whiteside M3
Whitney Pier I9
Whycocomagh J4
Wreck Cove E7
Yankee Line I5

Legend

Trans-Canada (105)
Provincial Arterial (125)
Provincial Trunk (28)
Collector Highway (305)
Paved Roads
Unpaved Roads
Railroads
Scenic Bicycle Route

Cabot Trail
Ceilidh Trail
Fleur-de-lis Trail
Marconi Trail
Bras d'Or Scenic Drive
Golf
Fabulous Foursome

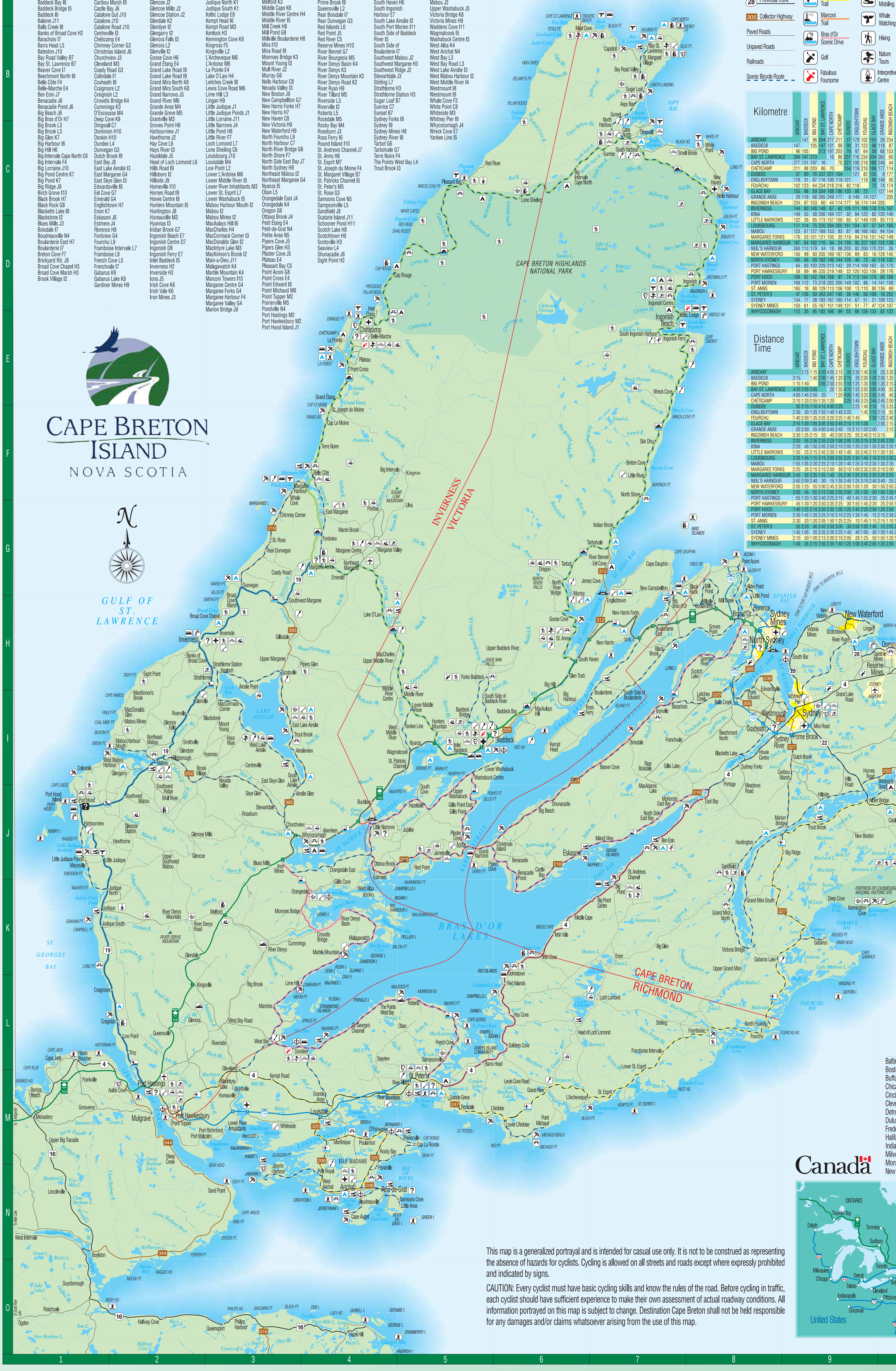
Lighthouse
Downhill Skiing
Cross-Country Skiing
Snow-Mobiling
Whale Watching
Hiking
Nature Tours
Interpretive Centre

Significant Natural Area
Local Museums
Heritage Sites
Canoeing
Kayaking
Scuba Diving
Parks Canada
Ferry

Cycling
Government Campsites
Private Campsites
Day Use Picnic Park
Supervised Beach
Unsupervised Beach
Boat Charters
Fishing

Airport
Information – Provincial
Information – Other
Hospital
Boat Launch
Marina

miles 5 4 3 2 1 0 5 10 miles
kilometres 5 4 3 2 1 0 5 10 15 kilometres



Kilometre

	ARICHAT	BADDECK	BIG POND	BAY ST. LAWRENCE	CAPE NORTH	CHÉTICAMP	DUNDEE	ENGLISHTOWN	FOURCHU	GLACE BAY	GRANDE ANSE	INGONISH BEACH	INVERNESS	IONA	LITTLE NARROWS	LOUISBOURG	MABOU	MARGAREE FORKS	MARGAREE HARBOUR	NEIL'S HARBOUR	NEW WATERFORD	NORTH SYDNEY	PORT HASTINGS	PORT HAWKESBURY	PORT HOOD	PORT MORIEN	ST. ANNS	ST. PETER'S	SYDNEY	SYDNEY MINES	WHYCOCOMAGH
ARICHAT		147	96	294	277	211	37	178	102	155	29	234	144	149	122	171	123	176	187	260	156	145	64	58	109	169	165	47	134	150	112
BADDECK	147		105	147	131	88	90	31	123	98	118	87	80	53	26	114	67	53	64	113	99	56	83	89	82	112	18	136	77	61	35
BIG POND	96	105		213	197	203	76	97	64	59	68	153	148	58	85	75	127	151	162	179	60	50	103	96	142	73	88	50	38	55	95
BAY ST. LAWRENCE	294	147	213		16	86	237	116	234	204	265	60	148	200	173	220	169	121	110	34	205	162	229	235	184	218	129	263	183	167	182
CAPE NORTH	277	131	197	16		70	221	100	218	188	249	44	67	184	157	204	153	105	94	18	189	146	213	219	168	202	113	247	167	151	166
CHÉTICAMP	211	88	203	86	70		154	119	216	186	177	114	62	127	100	202	83	35	24	88	187	144	142	148	97	200	106	195	165	149	99
DUNDEE	37	90	76	237	221	154		121	82	135	8	177	105	92	65	151	87	119	130	203	136	126	29	22	74	149	108	26	114	131	55
ENGLISHTOWN	178	31	97	116	100	119	121		118	88	149	56	111	84	57	104	98	84	95	82	89	46	114	120	113	102	13	146	67	51	66
FOURCHU	102	123	64	234	218	216	82	118		72	74	174	189	122	149	67	168	216	227	200	83	72	109	103	154	86	110	56	51	77	159
GLACE BAY	155	98	59	204	188	186	135	88	72		127	144	178	82	109	57	165	151	162	170	16	42	162	156	179	14	80	109	21	47	133
GRANDE ANSE	29	118	68	265	249	177	8	149	74	127		205	115	120	93	141	94	142	153	231	128	118	35	29	80	141	136	18	109	124	83
INGONISH BEACH	234	87	153	60	44	114	177	56	174	144	205		167	140	113	160	154	149	138	26	145	102	170	176	168	158	69	202	123	107	122
INVERNESS	144	80	148	148	67	62	105	111	189	178	115	167		87	60	185	21	27	38	150	179	136	80	86	35	192	98	133	157	142	50
IONA	149	53	58	200	184	127	92	84	122	82	120	140	87		27	98	69	92	103	166	83	56	85	91	83	96	71	108	61	61	37
LITTLE NARROWS	122	26	85	173	157	100	65	57	149	109	93	113	60	27		125	42	65	76	139	110	83	58	64	56	123	44	111	88	88	10
LOUISBOURG	171	114	75	220	204	202	151	104	67	57	141	160	185	98	125		181	167	178	186	59	58	176	170	195	42	96	123	37	63	149
MABOU	123	67	127	169	153	83	87	98	168	165	94	154	21	69	42	181		48	59	171	166	123	59	65	14	179	85	112	144	128	32
MARGAREE FORKS	176	53	151	121	105	35	119	84	216	151	142	149	27	92	65	167	48		11	123	152	109	107	113	62	165	71	160	130	114	64
MARGAREE HARBOUR	187	64	162	110	94	24	130	95	227	162	153	138	38	103	76	178	59	11		112	163	120	118	124	73	176	82	171	141	125	75
NEIL'S HARBOUR	260	113	179	34	18	88	203	82	200	170	231	26	150	166	139	186	171	123	112		171	128	196	202	194	184	95	229	149	134	148
NEW WATERFORD	156	99	60	205	189	187	136	89	83	16	128	145	179	83	110	59	166	152	163	171		43	163	157	180	30	81	110	22	48	134
NORTH SYDNEY	145	56	50	162	146	144	126	46	72	42	118	102	136	56	83	58	123	109	120	128	43		139	145	138	56	38	100	21	5	91
PORT HASTINGS	64	83	103	229	213	142	29	114	109	162	35	170	80	85	58	176	59	107	118	196	163	139		6	45	176	101	53	141	158	48
PORT HAWKESBURY	58	89	96	235	219	148	22	120	103	156	29	176	86	91	64	170	65	113	124	202	157	145	6		51	170	107	47	135	152	54
PORT HOOD	109	82	142	184	168	97	74	113	154	179	80	168	35	83	56	195	14	62	73	194	180	138	45	51		184	100	98	158	143	47
PORT MORIEN	169	112	73	218	202	200	149	102	86	14	141	158	192	96	123	42	179	165	176	184	30	56	176	170	184		94	123	35	61	147
ST. ANNS	165	18	88	129	113	106	108	13	110	80	136	69	98	71	44	96	85	71	82	95	81	38	101	107	100	94		138	59	43	53
ST. PETER'S	47	136	50	263	247	195	26	146	56	109	18	202	133	108	111	123	112	160	171	229	110	100	53	47	98	123	138		88	104	101
SYDNEY	134	77	38	183	167	165	114	67	51	21	109	123	157	61	88	37	144	130	141	149	22	21	141	135	158	35	59	88		26	112
SYDNEY MINES	150	61	55	167	151	149	131	51	77	47	124	107	142	61	88	63	128	114	125	134	48	5	158	152	143	61	43	104	26		96
WHYCOCOMAGH	112	35	95	182	166	99	55	66	159	133	83	122	50	37	10	149	32	64	75	148	134	91	48	54	47	147	53	101	112	96	

Distance Time

	ARICHAT	BADDECK	BIG POND	BAY ST. LAWRENCE	CAPE NORTH	CHÉTICAMP	DUNDEE	ENGLISHTOWN	FOURCHU	GLACE BAY	GRANDE ANSE	INGONISH BEACH	INVERNESS	IONA	LITTLE NARROWS	LOUISBOURG	MABOU	MARGAREE FORKS	MARGAREE HARBOUR	NEIL'S HARBOUR	NEW WATERFORD	NORTH SYDNEY	PORT HASTINGS	PORT HAWKESBURY	PORT HOOD	PORT MORIEN	ST. ANNS	ST. PETER'S	SYDNEY	SYDNEY MINES	WHYCOCOMAGH
ARICHAT		2:15	1:15	4:20	4:05	3:10	:35	2:30	1:40	2:15	:20	3:30	2:20	2:20	1:55	2:30	1:55	2:25	2:45	3:50	2:05	2:05	:55	:45	1:40	2:30	2:30	:35	1:45	2:10	1:40
BADDECK	2:15		1:40	2:00	1:45	1:20	2:15	:30	2:00	1:30	2:00	1:35	:55	:45	:25	1:45	1:05	:35	:55	2:00	1:25	:45	1:20	1:30	1:25	1:45	:20	2:20	1:05	:50	:35
BIG POND	1:15	1:40		3:05	2:50	2:55	1:10	1:25	1:35	1:05	1:35	2:15	2:30	1:50	2:15	1:15	2:20	2:15	2:35	2:40	:55	:55	1:30	1:20	2:10	1:20	1:20	:40	:35	1:00	2:15
BAY ST. LAWRENCE	4:20	2:00	3:05		:20	1:35	4:15	1:55	3:05	3:05	4:00	:55	2:35	3:05	2:45	3:15	2:25	2:15	1:55	:30	3:00	2:15	3:40	3:50	2:50	3:25	2:05	3:45	2:35	2:15	2:50
CAPE NORTH	4:05	1:45	2:50	:20		1:20	4:00	1:40	3:20	2:50	3:45	:40	2:20	2:50	2:30	3:00	2:10	2:00	1:40	:15	2:45	2:00	3:25	3:35	2:35	3:10	1:50	3:30	2:20	2:00	2:35
CHÉTICAMP	3:10	1:20	2:55	1:35	1:20		2:25	1:45	3:25	2:45	2:45	2:00	1:00	2:10	1:45	2:55	1:20	:50	:25	1:35	2:35	2:05	2:15	2:25	1:35	3:10	1:25	3:05	2:25	2:10	1:40
DUNDEE	:35	2:15	1:10	4:15	4:00	2:25		2:25	1:40	2:10	:15	3:25	2:00	2:05	1:40	2:25	1:40	2:10	2:30	3:45	2:00	2:00	:40	:30	1:25	2:25	2:25	:30	1:40	2:05	1:25
ENGLISHTOWN	2:30	:30	1:25	1:55	1:40	1:45	2:25		1:45	1:15	2:15	:55	1:20	1:20	:55	1:30	1:25	1:00	1:20	1:25	1:05	:25	1:45	1:55	1:45	1:30	:10	2:00	:40	:28	1:00
FOURCHU	1:40	2:00	1:35	3:05	3:20	3:25	1:40	1:45		1:30	1:20	2:40	3:15	2:20	2:45	1:45	3:10	2:35	2:55	3:10	1:20	1:20	1:55	1:45	2:25	1:45	1:45	1:05	1:00	1:25	2:40
GLACE BAY	2:15	1:30	1:05	3:05	2:50	2:45	2:10	1:15	1:30		2:00	2:15	2:20	1:50	2:15	1:10	2:35	2:05	2:20	2:40	:30	:50	2:30	2:20	2:50	:15	1:15	1:40	:30	:50	2:05
GRANDE ANSE	:20	2:00	:55	4:00	3:45	2:45	:15	2:15	1:20	2:00		3:15	2:00	2:00	1:35	2:10	1:30	2:10	2:20	3:40	1:50	1:50	:35	:25	1:20	2:15	2:15	:15	1:30	1:55	1:15
INGONISH BEACH	3:30	1:35	2:15	:55	:40	2:00	3:25	:55	2:40	2:15	3:15		2:20	2:20	1:55	2:30	2:35	2:00	2:20	:25	2:05	1:20	2:45	2:55	2:50	2:30	1:10	2:55	1:45	1:20	2:00
INVERNESS	2:20	:55	2:30	2:35	2:20	1:00	2:00	1:20	3:15	2:20	2:00	2:20		1:20	:55	2:45	:25	:25	:35	2:35	2:15	1:35	1:25	1:35	:40	2:50	1:10	2:15	2:05	1:50	:40
IONA	2:20	:45	1:50	3:05	2:50	2:10	2:05	1:20	2:20	1:50	2:00	2:20	1:20		:20	2:05	1:15	1:25	1:45	2:25	1:40	1:00	1:25	1:35	1:30	2:05	1:05	2:15	1:20	1:05	:40
LITTLE NARROWS	1:55	:25	2:15	2:45	2:30	1:45	1:40	:55	2:45	2:15	1:35	1:55	:55	:20		2:25	:50	1:00	1:20	2:20	2:05	1:25	1:00	1:10	1:05	2:30	:40	1:50	1:45	1:30	:15
LOUISBOURG	2:30	1:45	1:15	3:15	3:00	2:55	2:25	1:30	1:45	1:10	2:10	2:30	2:45	2:05	2:25		2:45	2:20	2:40	2:50	1:05	1:05	2:55	2:45	3:05	:35	1:30	2:00	:45	1:10	2:20
MABOU	1:55	1:05	2:20	2:25	2:10	1:20	1:40	1:25	3:10	2:35	1:30	2:35	:25	1:15	:50	2:45		:50	1:00	3:00	2:25	1:45	1:00	1:10	:20	2:50	1:25	1:50	2:05	1:50	:35
MARGAREE FORKS	2:25	:35	2:15	2:15	2:00	:50	2:10	1:00	2:35	2:05	2:10	2:00	:25	1:25	1:00	2:20	:50		:20	2:15	1:55	1:20	1:30	1:40	1:05	2:20	:55	2:20	1:35	1:25	:45
MARGAREE HARBOUR	2:45	:55	2:35	1:55	1:40	:25	2:30	1:20	2:55	2:20	2:20	2:20	:35	1:45	1:20	2:40	1:00	:20		1:55	2:15	1:30	1:45	1:55	1:15	2:35	1:05	2:35	1:55	1:40	1:00
NEIL'S HARBOUR	3:50	2:00	2:40	:30	:15	1:35	3:45	1:25	3:10	2:40	3:40	:25	2:35	2:25	2:20	2:50	3:00	2:15	1:55		2:25	1:50	3:05	3:15	2:50	2:55	1:45	3:15	2:10	1:45	2:20
NEW WATERFORD	2:05	1:25	:55	3:00	2:45	2:35	2:00	1:05	1:20	:30	1:50	2:05	2:15	1:40	2:05	1:05	2:35	2:55	2:15	2:25		:40	2:25	2:15	2:55	:45	1:05	1:35	:20	:45	1:55
NORTH SYDNEY	2:05	:45	:55	2:15	2:00	2:05	2:00	:25	1:20	:50	1:50	1:20	1:35	1:00	1:25	1:05	1:45	1:20	1:30	1:50	:40		2:25	2:15	2:05	1:00	:25	1:35	:20	:05	1:10
PORT HASTINGS	:55	1:20	1:30	3:40	3:25	2:15	:40	1:45	1:55	2:30	:35	2:45	1:25	1:25	1:00	2:55	1:00	1:30	1:45	3:05	2:25	2:25		:10	:40	2:45	1:40	:55	2:05	2:30	:45
PORT HAWKESBURY	:45	1:30	1:20	3:50	3:35	2:25	:30	1:55	1:45	2:20	:25	2:55	1:35	1:35	1:10	2:45	1:10	1:40	1:55	3:15	2:15	2:15	:10		:50	2:35	1:50	:40	1:55	2:20	:55
PORT HOOD	1:40	1:25	2:10	2:50	2:35	1:35	1:25	1:45	2:25	2:50	1:20	2:50	:40	1:30	1:05	3:05	:20	1:05	1:15	2:50	2:55	2:05	:40	:50		3:00	1:40	1:40	2:25	1:55	:50
PORT MORIEN	2:30	1:45	1:20	3:25	3:10	3:10	2:25	1:30	1:45	:15	2:15	2:30	2:50	2:05	2:30	:35	2:50	2:20	2:35	2:55	:45	1:00	2:45	2:35	3:00		1:25	2:00	:45	1:10	2:15
ST. ANNS	2:30	:20	1:20	2:05	1:50	1:25	2:25	:10	1:45	1:15	2:15	1:10	1:10	1:05	:40	1:30	1:25	:55	1:05	1:45	1:05	:25	1:40	1:50	1:40	1:25		1:55	:45	:30	:50
ST. PETER'S	:35	2:20	:40	3:45	3:30	3:05	:30	2:00	1:05	1:40	:15	2:55	2:15	2:15	1:50	2:00	1:50	2:20	2:35	3:15	1:35	1:35	:55	:40	1:40	2:00	1:55		1:15	1:35	1:35
SYDNEY	1:45	1:05	:35	2:35	2:20	2:25	1:40	:40	1:00	:30	1:30	1:45	2:05	1:20	1:45	:45	2:05	1:35	1:55	2:10	:20	:20	2:05	1:55	2:25	:45	:45	1:15		:25	1:35
SYDNEY MINES	2:10	:50	1:00	2:15	2:00	2:10	2:05	:28	1:25	:50	1:55	1:20	1:50	1:05	1:30	1:10	1:50	1:25	1:40	1:45	:45	:05	2:30	2:20	1:55	1:10	:30	1:35	:25		1:20
WHYCOCOMAGH	1:40	:35	2:15	2:50	2:35	1:40	1:25	1:00	2:40	2:05	1:35	2:00	:40	:40	:15	2:20	:35	:45	1:00	2:20	1:55	1:10	:45	:55	:50	2:15	:50	1:35	1:35	1:20	

	Miles	Km		Miles	Km
Baltimore	1242	1999	Ottawa	1101	1772
Boston	840	1352	Philadelphia	1146	1844
Buffalo	1286	2070	Pittsburg	1415	2277
Chicago	1808	2910	Portland	734	1181
Cincinnati	1705	2744	Québec City	813	1308
Cleveland	1473	2371	Saint John	410	660
Detroit	1542	2482	St. John's	565	909
Duluth	2319	3732	Sudbury	1410	2269
Fredericton	434	698	Thunder Bay	1972	3174
Halifax	263	423	Timmins	1850	2977
Indianapolis	1768	2845	Toledo	1602	2578
Milwaukee	1895	3050	Toronto	1310	2108
Montréal	974	1568	Washington	1279	2058
New York	1046	1683			

Canada

This map is a generalized portrayal and is intended for casual use only. It is not to be construed as representing the absence of hazards for cyclists. Cycling is allowed on all streets and roads except where expressly prohibited and indicated by signs.

CAUTION: Every cyclist must have basic cycling skills and know the rules of the road. Before cycling in traffic, each cyclist should have sufficient experience to make their own assessment of actual roadway conditions. All information portrayed on this map is subject to change. Destination Cape Breton shall not be held responsible for any damages and/or claims whatsoever arising from the use of this map.

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