



Surrender To The Moment.

LUXURIOUS MESSAGES • RELAXING BODY WRAPS • SLIMMING TREATMENTS

Available at the Spa

The Mandara Experience

Thermal Suite Cruise Pass..... Visit spa for pricing
 Thermal Suite Daily Pass..... Visit spa for pricing

Your face

	STANDARD	VALUE
24 Karat Gold Facial..... 75 minutes	\$325	\$325
* Elemis Oxydermy Facial..... 50 minutes	\$169	\$152
* Elemis Pro-Collagen Quartz Lift Facial..... 50 minutes	\$145	\$131
* Tri-Enzyme Resurfacing Facial..... 50 minutes	\$125	\$113
* La Thérapie Hydra-Thérapie Skin Nutritive Facial..... 75 minutes	\$189	\$170
La Thérapie Hydra-Lift Facial d'Excellence..... 75 minutes	\$139	\$125
La Thérapie Classique Hydra-Lift Facial..... 50 minutes	\$119	\$107

MEDI-SPA COSMETIC SKIN TREATMENTS WITH OUR SPA PHYSICIAN
 All treatments are FDA approved.....Free Consultations
 Targeted fine line & wrinkle treatments - BOTOX® Cosmetic or Dysport®

Instant dermal filler treatments;
 replace lost volume or enhance lips- Restylane®/Perlane®

Your massage

	STANDARD	VALUE
* Elemis Aroma Spa Seaweed Massage..... 75 minutes	\$195	\$176
* Aroma Spa Seaweed Massage..... 100 minutes	\$259	\$233
* Elemis Aroma Stone Therapy..... 50 minutes	\$149	\$134
* Elemis Aroma Stone Therapy..... 75 minutes	\$195	\$176
* Bamboo Massage..... 50 minutes	\$159	\$143
* Bamboo Massage..... 75 minutes	\$199	\$179
* Thai Herbal Poulitice Massage..... 75 minutes	\$195	\$176
* Elemis Absolute Spa Ritual..... 100 minutes	\$265	\$239
* Elemis Deep Tissue Muscle Massage..... 75 minutes	\$179	\$161
* Swedish Massage..... 75 minutes	\$165	\$149
Reflexology..... 50 minutes	\$119	\$119

	STANDARD
COUPLES RETREAT	
Couples Swedish Massage..... 50 minutes	\$269
Couples Swedish Massage & Bathing Ritual..... 75 minutes	\$329

Your body

	STANDARD	VALUE
* Ionithermie Cellulite Reduction Program..... 50 minutes	\$159	\$143
Ionithermie Cellulite Reduction Program..... 3 sessions	\$299	\$299
* Ionithermie Cheek Lift Treatment..... 50 minutes	\$159	\$143
* Exotic Lime & Ginger Salt Glow..... 75 minutes	\$199	\$179

Your body & wellness

	STANDARD
* First Acupuncture Sessions.....	\$150
Follow Up Sessions.....	\$125
Packages available when booking more than 3 treatments	
* GO SMiLE Tooth Whitening.....	\$149
* GO SMiLE Tooth Whitening for Couples.....	\$258

Your grooming

	STANDARD	VALUE
MEN'S SERVICES		
* Elemis Pro-Collagen Grooming		
Treatment with Shave..... 55 minutes	\$95	\$86
Elemis Express Shave..... 30 minutes	\$45	\$41
Elemis Deep Cleanse Grooming		
Treatment with Shave..... 45 minutes	\$75	\$70
Beard Trim.....	\$15	\$15
Men's Wet Cut and Dry.....	\$35	\$35

Your hair & nails

	STANDARD	VALUE
HAIR SERVICES		
Shampoo and Blow Dry.....	from \$35	
Shampoo, Cut and Style Dry.....	from \$59	
Hair Up (without cleanse and dry).....	from \$49	

	STANDARD	VALUE
HAIR COLOR		
Semi-Permanent Color.....	from \$55	
Permanent Color (roots or whole head).....	from \$69	
Re-Growth Tinting.....	from \$69	
Hi-Lights/Lo-Lights.....	from \$89	

	STANDARD	VALUE
HAIR TREATMENTS		
* Keratin Express Blow Out.....	from \$149	
Phyto Thirst Quencher for dry hair..... 30 minutes	\$49	
Phyto Rescue Remedy for ultra dry hair..... 30 minutes	\$49	
Phyto Botanical Bliss hair and scalp..... 30 minutes	\$49	
Phyto Color Guard for color treated hair..... 30 minutes	\$49	
Elemis Frangipani Conditioning Hair & Scalp Ritual..... 30 minutes	\$29	

COMPLIMENTARY CONSULTATIONS AVAILABLE WITH HAIRSTYLISTS.
 INQUIRE AT RECEPTION ABOUT VALUE PACKAGES FOR KERATIN
 EXPRESS BLOW OUT AND COLOR PACKAGES

	STANDARD
NAILS	
* Fire and Ice Manicure.....	\$50
* Fire and Ice Pedicure.....	\$70
Elemis Exotic Hand Ritual with Manicure.....	\$45
Elemis Sole Delight Ritual with Pedicure.....	\$65
Acrylic Nails - Full Set.....	\$85
Acrylic Nails - Infill.....	\$45
Acrylic Nails - Nail Fix.....	\$15
Repolish.....	\$19
Soak off - Acrylic Nails.....	\$29
Soak off - Shellac Nails.....	\$20
Shellac 14 Day No Chip Add-On.....	\$25
Shellac 14 Day No Chip Manicure.....	\$45
Shellac 14 Day No Chip Pedicure.....	\$59

Waxing Services Available - please enquire at Mandara Reception Desk

Please allow **24 hours notice** when canceling appointments as your shipboard account may be charged with 50% of your treatment cost.
 18% Automatic Gratuity added to all services provided.

* This symbol indicates a spa favorite.

Try These Signature Body Treatments...

Elemis Aroma Stone Therapy Traditional massage is already the ultimate form of relaxation, but when combined with the penetrating heat of volcanic basalt stones placed on key energy points of your body, you will drift into a world of pure bliss.

Ionithermie Cellulite Reduction Program This revolutionary therapy reduces the appearance of cellulite, detoxifies the body and offers substantial inch loss (between 1-8 inches) in just one session.

